CILs exist to help people with disabilities achieve maximum independence in work, school, housing and every other part of life. CILs are driven by the philosophy that people with disabilities have the right and the responsibility to make choices to control the direction of their lives and participate fully and equally in their communities.

All CILs provide, at a minimum:

Peer Support (Organizing social activities and meetings for a wide variety of disability categories)

Information and Referral (Helping people get the information they need to live independently)

Individual and Systems Advocacy (Speaking out to pursue personal rights and in policy change)

Independent Living Skills Training (Education on the many elements for a successful life in the community)

Transition Support (Bridging high school to college and/or work, and from institutionalization to independence)

One West Old State Capitol Plaza, Suite 716

Springfield, IL 62701 phone: (217) 744-7777

fax: (217) 744-7744

email: silc@silcofillinois.org

LIFE Center for Independent Living

601 North Ladd Street

Pontiac, IL 61764

Rickielee Benecke, Executive Director

lifecil@lifecil.org

Phone: 815-844-1132

http://www.lifecil.org

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ivcil@ivcil.com

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(TTY) 815-224-8271

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Video Phone 815-410-9015

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LIFE Center for Independent Living

2201 Eastland Drive, Suite #1

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lifecil@lifecil.org

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(TTY) 708-209-1826

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http://www.progresscil.org

Serving Suburban Cook County

Access Living of Metropolitan Chicago

115 W. Chicago Avenue

Chicago, IL 60654

Marca Bristo, President & CEO

bmathews@accessliving.org

Tel: 312-640-2100

Tty: 312-640-2102

Fax: 312-640-2101

http://www.accessliving.org

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Disability Resource Center

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Joliet, IL 60435

Missy Martin, Executive Director

missy@drcjoliet.org

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