# CALL ME FIRS

## because we care!

Stay safe and well at home. Avoid unnecessary trips to the hospital.

#### Call me when you:

- Get sick
- Just don't feel right
- Find it harder to stand up from a chair

#### We can help if we know you're in need.



Orland Park – 630.560.0176 Bloomington – 309.513.1150

Anytime: 24 Hours a Day/7 Days a Week

### In the Case of Emergency, Call 9-1-1

This material was prepared by Quality Insights, the Medicare Quality Innovation Network-Quality Improvement Organization supporting the Home Health Quality Improvement National Campaign, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The views presented do not necessarily reflect CMS policy. Adapted from Girling Health Care. Publication number 11SOW-WV-HH-MMD-063015A